

Radiogram No. 9447u Form 24 for 12/13/04

**ISS Attitude Maneuver from [OCK] to [PCO].**

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40		Prep for work
07:40-07:55		Daily planning conference ( <i>S-band</i> )
07:55-08:15		Prep for work
08:30-11:40	FE -1	SM ventilation subsystem preventive maintenance. Group B
08:30-08:35	CDR	Connect LTL adapter to LAB1D6 rack
08:35-08:50		Set up camera to film TVIS Exercise
08:50-09:20		Defibrillator checkout
09:20-09:30		Advanced Ultrasound: CD labeling for training
09:30-10:10		Advanced Ultrasound: CDR training before scanning
10:10-11:10		Physical Exercise (TVIS)
11:10-12:40		Physical Exercise (RED)
11:40-13:10	FE -1	Physical Exercise (TVIS), day 2
12:40-13:10	CDR	Consolidation of US items for disposal in Progress 350
13:10-14:10	.	LUNCH
14:10-16:20	FE -1	SM ventilation subsystem preventive maintenance. Group B
14:10-14:15	CDR	TVIS, RED and HRM data transfer to MEC
14:20-14:35		Stow equipment to film TVIS exercise
14:35-14:45		ADUM: Terminate training before scanning
14:45-17:25		IFM of Respiratory support pack
16:20-16:50	FE -1	Changeout of U-receptacle and filter insert in ACY
16:50-17:20		COX maintenance
17:20-18:20		Physical Exercise (VELO + Force Loader/ cycle 1), day 2
17:25-18:05	CDR	Computer hardware inventory
18:05-18:15		Tag up with specialists on computer hardware inventory ( <i>S-band</i> )
18:15-18:35		IMS file prep
18:20-18:45	FE -1	Daily plan review
18:35-18:45	CDR	
18:45-19:00		Report prep
19:00-19:15		Daily planning conference ( <i>S-band</i> )
19:15-19:30		Report prep
19:30-20:00		DINNER
20:00-20:30		Daily food prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

**Note:** See OSTP for references to US activities

End of radiogram